

COMMUNITY HEALTH NEEDS ASSESSMENT



AHN CANONSBURG Report

April 2022



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Mission

To create a remarkable health experience, freeing people to be their best.

Vision

A world where everyone embraces health.

Values

People matter

Every person contributes to our success. We strive for an inclusive culture, regarding people as professionals, and respecting individual differences while focusing on the collective whole.

Stewardship

Working to improve the health of the communities we serve and wisely managing the assets that have been entrusted to our care.

Trust

Earning trust by delivering on our commitments and leading by example.

Integrity

Committing to the highest standards encompassing every aspect of our behavior including high moral character, respect, honesty, and personal responsibility.

Customer-focused collaboration

Because no one person has all the answers, we actively seek to collaborate with each other to achieve the right outcomes for our customers.

Courage

Empowering each other to act in a principled manner and to take appropriate risks to do what is right to fulfill our mission.

Innovation

Committing to continuous learning and exploring new, better, and creative ways to achieve our vision.

Excellence

Being accountable for consistently exceeding the expectations of those we serve.



Introduction

About Allegheny Health Network (AHN)

The hospitals of Allegheny Health Network, as they have for decades, provide exceptional health care to help people live healthy lives and continue to extend their reach, offering a broad spectrum of care and services.

The tradition continues by using the latest medical innovations to treat patients. Gaining knowledge through research to constantly improve how to prevent, diagnose, and treat illness, AHN staffs each hospital with experienced, expert, and compassionate physicians, nurses, and other health care professionals dedicated to medicine, people, and healing.

AHN is committed to giving patients the proper care, at the right place, at the right time. Physicians from various specialties work as a team to coordinate patients' care from start to finish. AHN explores every possible option for treatment. AHN has established medical facilities in communities throughout the region, so patients have convenient access to care. Also, AHN works around patients' schedules to help maintain their quality of life while receiving treatment and therapy.

AHN can extend its reach to more people as a health network by offering a broad spectrum of care and services. AHN has 14 hospitals and more than 200 primary- and specialty-care practices. AHN has approximately 2,400 physicians in every clinical specialty, 21,000 employees, and 2,000 volunteers. AHN provides world-class medicine to patients in their communities, across the country, and around the world.

AHN's physicians continually explore and develop new treatments that allow us to bring medical discoveries from the laboratory directly to patients. These breakthroughs help save lives and give patients access to the latest treatments for disease and medical conditions. Allegheny Health Network is also committed to educating and training the next generation of doctors by serving as the clinical campus for both Lewis Katz School of Medicine at Temple University and Drexel University College of Medicine.

Allegheny Health Network is an integrated health care system that serves patients from across a four-state region that includes Pennsylvania and portions of New York, Ohio, and West Virginia. AHN has more than 80 medical, surgical, and radiation oncology physician practices; one of the state's most extensive bone marrow transplant and cellular therapy programs; and the nation's largest – and western Pennsylvania's only – radiation oncology network accredited by both the American Society for Radiation Oncology and American College of Radiology. Allegheny Health Network's cancer program has more than 200 clinical trials offered throughout its network of hospitals and clinics.

AHN has received accolades from numerous organizations, including Thomson Reuters, AARP, Healthgrades, and Consumer Reports. These accolades recognize AHN's dedication to excellence and strengthen its ability to tackle diseases so we may find a cure for tomorrow.



About AHN Canonsburg

AHN Canonsburg is a 104-bed community hospital located 25 miles southwest of Pittsburgh, in Strabane Township. Founded in 1904, AHN Canonsburg serves residents primarily from northern Washington and southern Allegheny counties. AHN Canonsburg also employs more than 400 members of the community and has more than 235 physicians.

The hospital has undergone many changes, facelifts, and expansions, most recently building an 11,200-square-foot emergency department that was designed to accommodate increased patient volume and decrease patient wait times.

With a singular dedication to providing high-quality medical care to the community, AHN Canonsburg's physicians and staff never lose sight of what's most important – their patients and families. For more than 100 years, Canonsburg Hospital has worked hard to earn the communities' trust by providing excellent patient care.

As part of Allegheny Health Network, AHN Canonsburg offers access to leading medical experts and the newest technology close to home. AHN Canonsburg is a top provider of excellent medical services. AHN Canonsburg provides the community with the best health care in a small, intimate setting.

People turn to AHN Canonsburg for a wide range of health services. From a sophisticated sleep lab to surgery care for heart conditions, AHN Canonsburg uses advanced diagnostic and treatment technology to help people feel their best.

At AHN Canonsburg, residents have access to expert health care providers from multiple medical specialties, including ambulatory care center, heart disease, orthopedics, pulmonary and sleep services, therapy and rehabilitation services, surgery, and women's health.

For more information about AHN Canonsburg, please click [here](#).



AHN Canonsburg Recognition:

Award-Winning Medical Care

- Blue Distinction Center+ designation for efficiency in delivering high-quality care and better overall outcomes for knee and hip replacement.
- Successful reaccreditation by The Joint Commission based on triennial survey, February 2018.
- Shortest Average ER Wait Times in the South Hills — Medicare.gov/hospital compare.
- Canonsburg Hospital is rated the No. 1 Hospital in Western Pennsylvania for Medical Excellence in Gastrointestinal Care and General Surgery.
- Canonsburg Hospital is rated among the top 10% of hospitals in the nation for Medical Excellence in Overall Hospital Care, Gall Bladder Removal, and Heart Failure Treatment.





Frequently Asked Questions

WHAT IS A COMMUNITY HEALTH NEEDS ASSESSMENT (CHNA)?

A community health needs assessment is an effective method of identifying the unmet health care needs of a population and making changes to meet these needs.

WHY WAS A CHNA PERFORMED?

Through comprehensive data and analysis, community health needs assessments identify key health needs and issues locally. Not-for-profit hospitals or charitable-status organizations under section 501(c)(3) of the Federal Internal Revenue Code are required to provide benefits to the community that they serve.

Not-for-profit hospitals must conduct a CHNA and adopt an implementation strategy at least once every three years to meet the identified community health needs. CHNAs identify areas of concern within the community related to the current health status of the region. The identification of the region's health needs provides AHN Canonsburg and its community organizations with a framework to improve the health of its residents.

HOW WAS DATA FOR THE CHNA REPORT COLLECTED?

A working group and steering group were formed in summer 2021 to complete the CHNA and its initiatives. The information collected is a snapshot of the health of residents in the service area of AHN Canonsburg, encompassing socioeconomic information, health statistics, demographics, and mental health issues, etc. The group worked passionately and tirelessly to be the voice of the residents served.





Internal Revenue Service (IRS) Requirements

The Patient Protection and Affordable Care Act (PPACA), which went into effect on March 23, 2010, requires tax-exempt hospitals to conduct community health needs assessments (CHNA) and implementation strategy plans to improve the health and wellbeing of residents within the communities served by the hospitals. These strategies created by hospitals and institutions consist of programs, activities, and plans specifically targeted toward community populations. The execution of the implementation strategy plan is designed to increase and track the impact of each hospital's efforts.

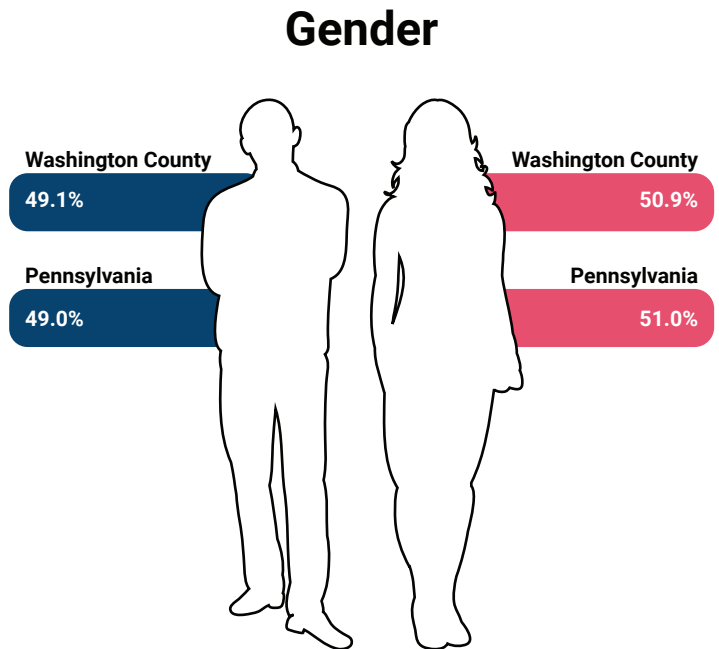
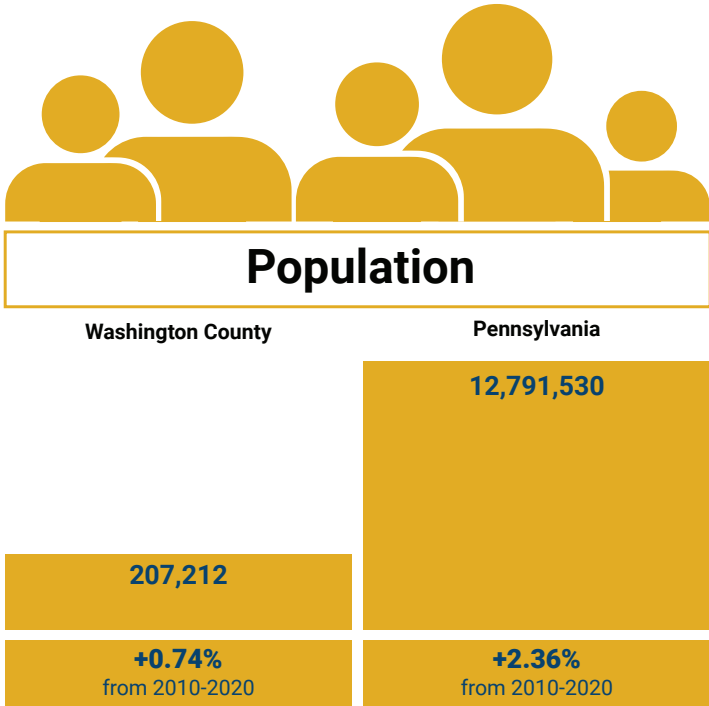
The requirements imposed by the IRS for tax-exempt hospitals and health systems must include the following:

- Conduct a CHNA every three years.
- Adopt an implementation strategy to meet the community health needs identified through the assessment.
- Report how the strategy addresses the needs identified in the CHNA and a description of needs that are not being addressed with the reasons why.

The Department of the Treasury and the IRS require a CHNA to include:

1. A separate written report for each hospital (state license designation).
2. Description of the community served by the hospital and how that community is defined.
3. Description of the process and methods used to conduct the CHNA.
4. Information gaps that may impact the ability to assess needs.
5. Identification of any collaborating partners.
6. Identification and qualifications of any third parties assisting with CHNA.
7. Description of how input from the community was used.
8. Prioritized description of all community health needs identified through the CHNA.
9. Description of existing health care facilities within the community available to meet the needs identified.
10. A description of the needs identified that the hospital intends to address, the reasons those needs were selected, and how the hospital will address the selected needs.

Community Profile



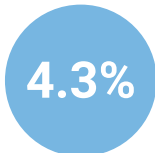
Age	0-4	5-17	18-24	25-34	35-44	45-54	55-64	65+	Median
Washington County	5.1%	14.5%	8.5%	11.1%	11.4%	13.8%	15.5%	20.1%	44.5
Pennsylvania	5.5%	15.3%	9.2%	13.1%	11.7%	13.2%	14.1%	17.8%	40.8



Limited English Proficiency



Washington County



Pennsylvania



Uninsured Population



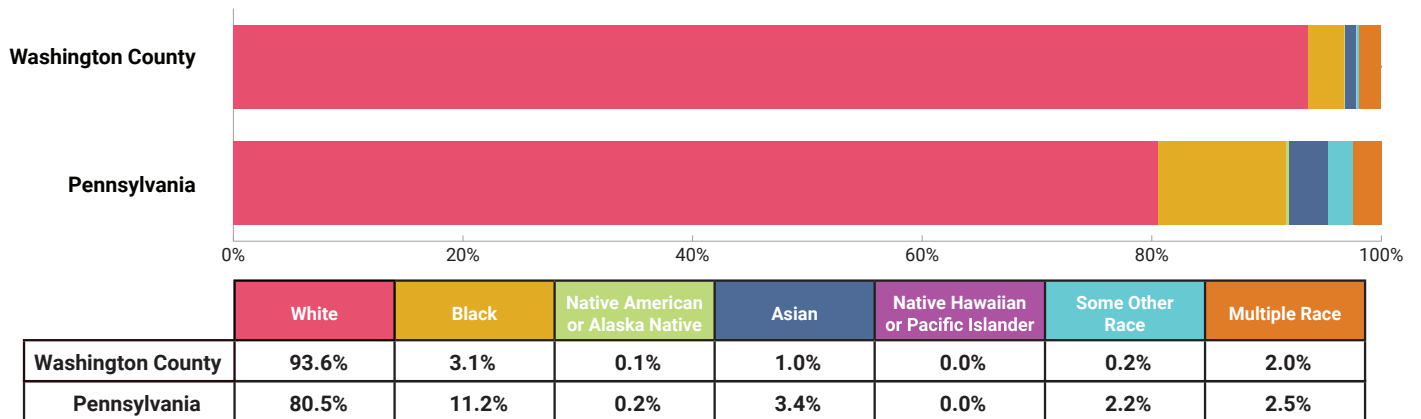
Washington County



Pennsylvania

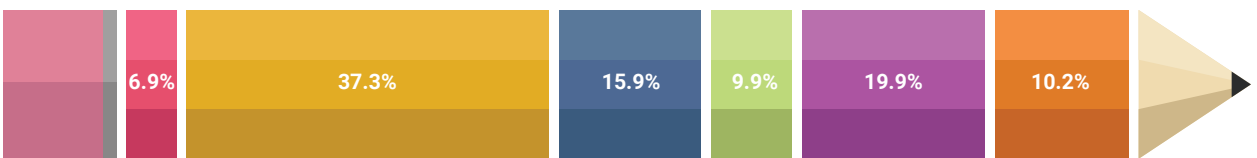


Race

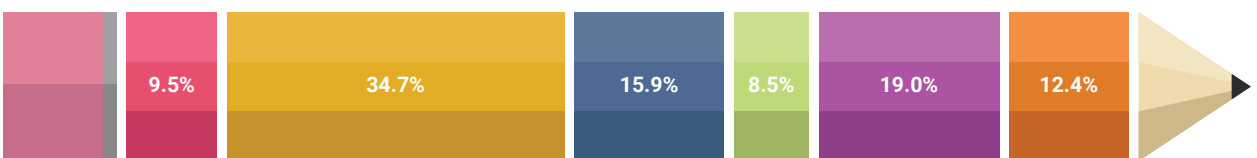


Education

Washington County



Pennsylvania



■ No High School Diploma
 ■ High School
 ■ Some College
 ■ Associates
 ■ Bachelors
 ■ Graduate or Professional Degree



Unemployment Rate

4.9% Washington County **4.9%** Pennsylvania

Median Household Income

\$63,543 Washington County **\$61,744** Pennsylvania

Population Below 100% FPL

Washington County **9.2%**
 Pennsylvania **12.4%**

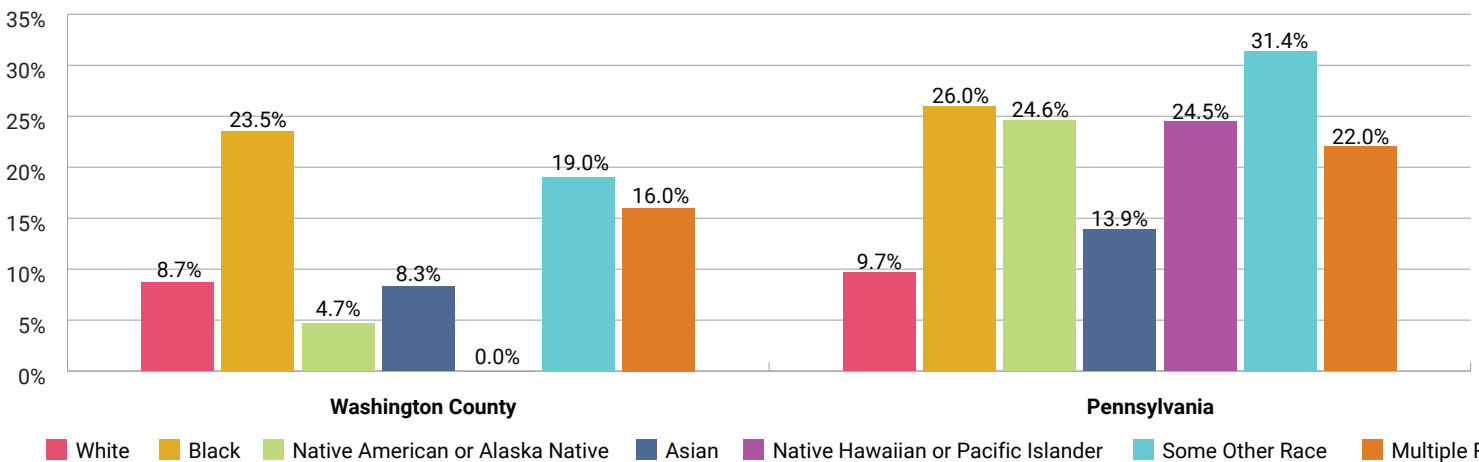


Population Below 200% FPL

Washington County **24.3%**
 Pennsylvania **28.3%**



Population in Poverty by Race Alone





Executive Summary

Project Overview

Allegheny Health Network (AHN) executed a CHNA process that included collecting primary and secondary data. The CHNA working group, consisting of members from AHN's Community Affairs department, oversaw the CHNA along with the project consultant, Tripp Umbach.¹ Representatives from each AHN hospital facility and representatives from departments within AHN formed a steering committee that provided high-level feedback and input on primary and secondary data collected. Organizations and community stakeholders within the primary service area were engaged in identifying the needs of the community. Community organizations, government agencies, educational systems, and health and human services entities were engaged throughout the CHNA. The comprehensive primary data collection phase resulted in contributions from a multitude of regional community stakeholders and representatives from organizations.

Input from the community was sought through a customized multi-language community survey, stakeholder interviews, and a provider survey. Community input was aligned with secondary data collections and presented to the CHNA Steering Committee as a framework for assessing current community needs, identifying new/emerging health issues, and advancing health improvement efforts to address identified needs.

Although the multi-language community survey was broadly deployed, the non-English responses were relatively low. However, many of the community agencies that provide health and human services to those specific populations and have knowledge of their health needs participated in the survey process.

Specifically, the primary data collection consisted of several project components. In total, 59 community stakeholder interviews were conducted with individuals who represented a) broad interests of the community, b) populations of need, or c) persons with specialized knowledge in public health. Feedback from 2,201 online surveys was collected from AHN providers and from 866 surveys from the community.

An internal planning meeting was held with the AHN Steering Committee to discuss and finalize the CHNA needs for 2021 based on primary and secondary data results. AHN Canonsburg recognized its needs from the previous assessment and will build upon those issues, but most importantly, AHN Canonsburg identified additional areas of concern that require attention. Based on collective information from the previous implementation strategy plan along with the needs identified in the current cycle, AHN Canonsburg will reinforce and create new strategies to bridge the gap and address the needs of the underserved in their service area.



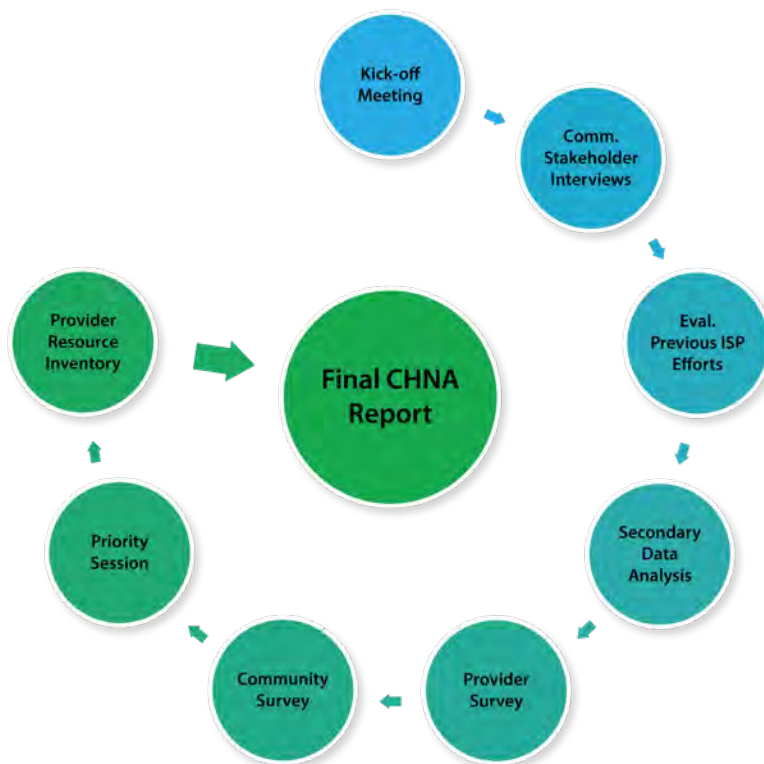
A resource inventory was generated to highlight available programs, services, organizations, and agencies within each of the priority needs in the service area. A significant project piece of the CHNA was compiling a regional profile (secondary data analysis). The regional profile was composed utilizing local, state, and federal figures providing valuable information on a wide array of health, clinical, and social issues. Tripp Umbach, along with the working group and steering group, examined and discussed different socioeconomic aspects, health outcomes, and health factors that affect residents' behaviors, specifically the influential factors that impact the health of residents.

The CHNA determined the health status of the community with direct initiatives and planning strategies. Without a doubt, the CHNA connected new partners and solidified relationships with local and regional agencies with the overall goal to improve the health outcomes of residents in the region.

AHN Canonsburg is dedicated to providing exceptional care to residents in its communities. AHN Canonsburg offers a full spectrum of comprehensive health services, programs, and resources to support the community served and to meet/advance identified community health needs. AHN Canonsburg's patient-centered approach to care means a greater focus on coordinated health and wellness services and being accountable and responsive to patients.

The overall CHNA involved multiple steps that are depicted in the flow chart. The first step of the process included a kick-off meeting. The meeting allowed the group to discuss visions and strategies and create a shared vision for the CHNA. The session delineated the scope of the project and mechanisms for sharing resources and skills necessary to achieve AHN Canonsburg's goals and objectives to improve the health of the community.

Figure 1: Overall CHNA Process Flow Chart²





2021 Allegheny Health Network Prioritized Findings

AHN Canonsburg

The CHNA results, upon review of extensive primary and secondary research, input from community members and stakeholders, and an evaluation of identified key regional priorities, illustrate the continued need for focuses on Social Determinants of Health (SDOH),³ Behavioral Health, Chronic Disease, and Health Equity. Each key need area had subareas of concentration.

The prioritized needs were selected through the efforts of the CHNA Steering Committee and identified during the previous CHNA cycle. Opportunities to advance those efforts and make a more significant impact are evident. Specific strategies for addressing the needs will be delineated in the implementation strategy plan.





The chart below illustrates the 2021 current CHNA needs of each Allegheny Health Network hospital facility, particularly for AHN Canonsburg. The 2021 needs were based on data collected for the assessment and included how AHN Canonsburg will build upon its past and new areas of concern.

Table 1: 2021 Prioritized Needs

2021 Prioritized Findings														
Allegheny Health Network (AHN)	Social Determinants of Health				Behavioral Health			Chronic Disease					Health Equity	
	Transportation	Workforce Development	Cost of Care	Access to care*	Food Insecurity, Diet, and Nutrition	Substance Use Disorder	Mental Health Services	Postpartum Depression	Diabetes	Heart Disease	Cancer	COPD	Obesity	Diversity, Equity, and Inclusion**
Allegheny General Hospital	X	X			X	X			X	X	X			X
Allegheny Valley Hospital	X					X	X		X	X				X
Canonsburg Hospital	X			X		X			X	X				X
Forbes Hospital	X					X	X		X	X		X		X
Grove City Medical Center				X			X		X	X			X	X
Jefferson Hospital	X	X	X		X	X					X		X	X
Saint Vincent Hospital	X	X		X	X	X	X	X	X		X		X	X
West Penn Hospital		X			X			X	X		X		X	X
Westfield Memorial Hospital						X	X	X	X	X	X			X
Wexford Hospital					X	X	X	X		X				X
Brentwood Neighborhood Hospital			X	X										
Harmar Neighborhood Hospital			X	X										
Hempfield Neighborhood Hospital			X	X										
McCandless Neighborhood Hospital			X	X										

* Access to care includes primary care, specialty care, and access to general services.

**Diversity, Equity, & Inclusion includes LGBTQ+ and cultural competency.



A) Social Determinants of Health

The [World Health Organization \(WHO\)](#) defines social determinants of health as the economic and social conditions that influence individual and group differences in health status. These economic and social conditions under which people and groups live may increase or decrease the risk of health conditions or diseases among individuals and populations.

Social and economic factors contribute 40% to our health, health behaviors 30%, genetics 10%, the physical environment 10% and clinical care 10%, according to the Center for Health and Learning (CHL), an outgrowth of an initiative by the Center for Disease Control and Prevention's (CDC) Division of Adolescent and School Health. According to the CDC, poverty limits access to healthy foods and safe neighborhoods, while higher educational attainment is a predictor of better health. Differences in health and health outcomes are striking in communities with poor social determinants of health such as unstable housing, low-income levels, unsafe neighborhoods, or substandard education. Addressing SDOH is paramount to creating a healthier community.

Various domains categorize SDOH; Figure 2 displays five domains as categorized by Healthy People 2030. Data links determinants and domains to health status, such as the correlation of one's ZIP code resulting in drastically different health statuses for patients with the same/similar health conditions. SDOH domains are also contributors to health disparities and inequities across the nation. The literature stresses the need for multi-sector organizations to collaborate to address social determinants and make positive impacts on overall patient health. In addition, targeting specific populations with specialized interventions is imperative to providing equitable health care.

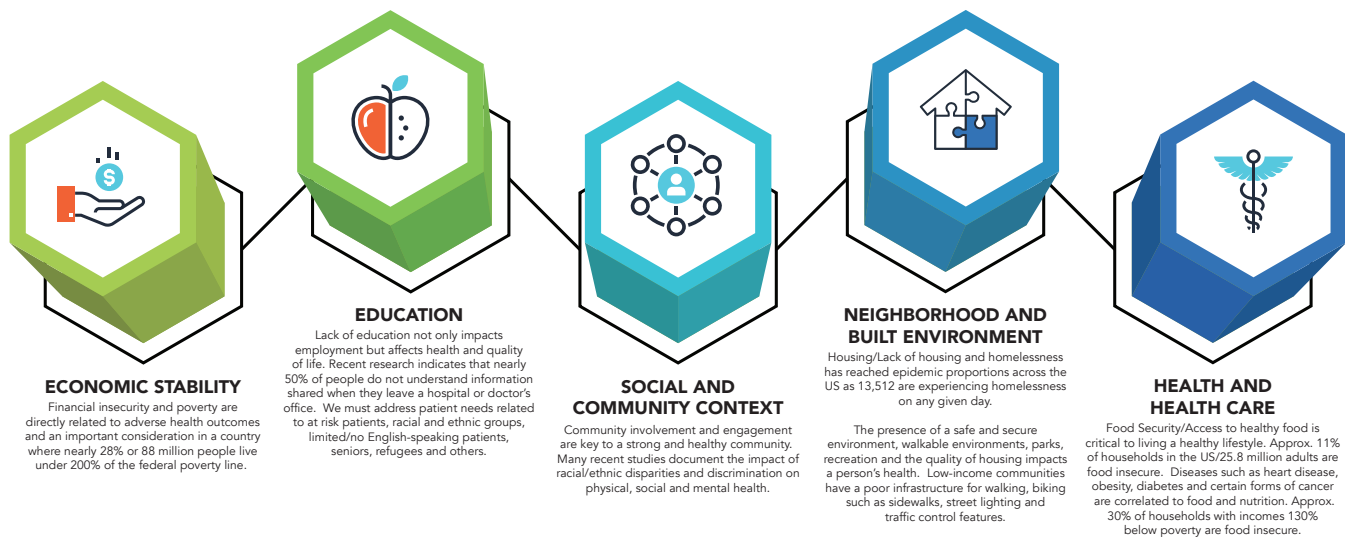




For health equity, these conditions support health and include adequate income, secure employment, good working conditions, quality education, safe neighborhoods, and housing, food security, the presence of social support networks, health care services, and freedom from racism and other forms of discrimination.

AHN Canonsburg will identify and address critical SDOH such as transportation, access to care, behavioral health (substance use disorder), chronic diseases (diabetes, heart disease), and health equity (diversity, equity, and inclusion).⁴

Figure 2: Understanding SDOH ([Healthy People 2030](#)).



Source: Healthy People 2030

As an example, the lack of access and availability of personal and public transportation impacts not only access to health care but affects employment, reduces access to affordable healthy food, and many other important drivers of health and wellness. AHN Canonsburg works closely with its community partners and groups to identify and address social determinants of health and to drive proactive strategies that address health disparities, bridge the gaps in the provision of essential care, and improve health outcomes among disparate groups and populations. Addressing SDOH is paramount to creating a healthier community.



Transportation

Access to health care services has a significant impact on health, including improved overall physical, social, and mental health status, prevention of disease and disability, and better quality of life. Transportation affects residents in rural and urban communities.

Having adequate transportation is often a barrier to accessing services and can significantly affect the quality of people's lives. The lack of vehicle access, cost, long distances, and lengthy times to reach needed services impact travel for residents.

- 3.6 million people in the United States do not obtain medical care due to transportation issues.⁵
- Missed appointments cost the U.S. health care system more than \$150 billion a year. They disrupt the continuity of the provision of health care services, add to the dissatisfaction of patients due to delays in getting new appointments, and hinder the detection and treatment of diseases.⁶
- The Agency for Healthcare Research and Quality reported that 1.5% of Washington County workers take public transportation.
- Primary data from the provider survey indicated that limited available services (23.6%) and cost of services (21.0%) contribute to transportation issues in the community.
- The survey also found that 50.8% of providers reported that distance/transportation to health care facilities is a 4/5 rating on a rating scale of 1-5, where 1 equals less of a concern and 5 equals more of a concern.
- Community stakeholders reported that the most significant barrier to not receiving care is a lack of transportation.
- Community stakeholders reported that the lack of available/lack of transportation are barriers to improving health and quality of life.

Transportation challenges affect urban and rural communities. Overall, older, less educated, female, minority, or low-income individuals – or those with a combination of these characteristics – are greatly impacted by transportation barriers. The vulnerable populations are more susceptible to transportation barriers due to social isolation, comorbidities, and a greater need for frequent clinician visits.



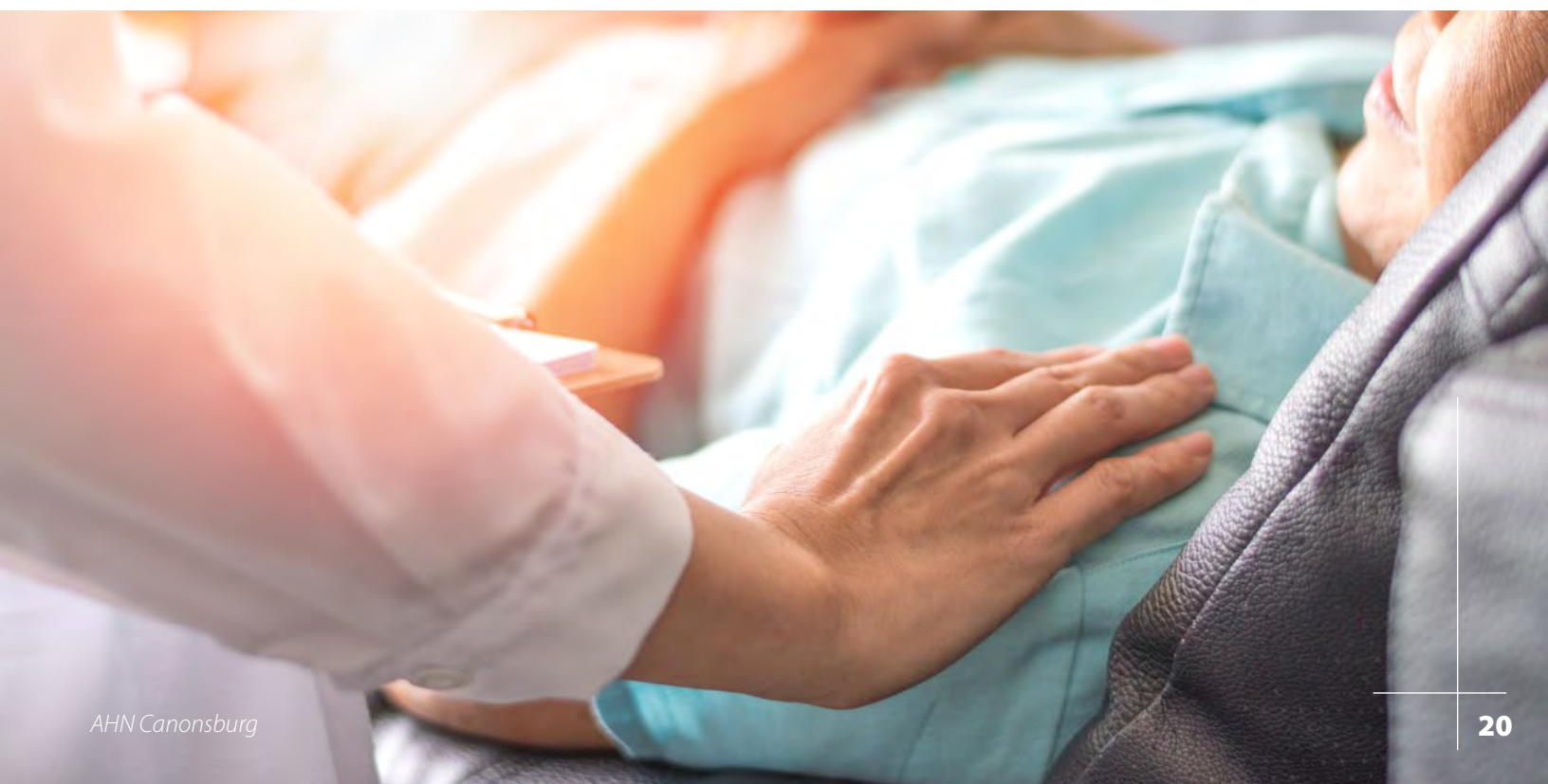


Access to Care

Access to high-quality, comprehensive health care services is essential for maintaining health and preventing and managing disease. Obtaining primary care services and having a primary care physician is a vital part of health care maintenance. Almost one in four Americans do not have a primary care provider (PCP) or health center where they can receive regular medical services. Approximately one in five Americans (children and adults under age 65) does not have medical insurance.⁷ Transportation issues, cost, coverage, timeliness of services, and availability of providers are barriers to obtaining health care services.

Across the United States, the projected shortage of 46,900 to 121,900 physicians by 2032 includes both primary care (21,100 to 55,200) and specialty care (24,800 to 65,800). Among specialists, the data project shortages of 1,900 to 12,100 medical specialists; of 14,300 to 23,400 surgical specialists; and of 20,600 to 39,100 other specialists, such as pathologists, neurologists, radiologists, and psychiatrists, by 2032.⁸ The Robert Graham Center reports that to maintain current rates of utilization, Pennsylvania will need an additional 1,039 primary care physicians by 2030, a 11% increase compared to the state's current (as of 2010) 9,096 PCP workforce.⁹

Secondary data from County Health Rankings & Roadmaps reported that Washington County's clinical ranking in 2021 of 25 is an improvement from a 42 ranking in 2019.¹⁰ The clinical care category takes into consideration the ease of accessing care and the quality of care once accessed. Clinical care ranking considers the availability of health services and the quality of those services. But it also considers the preventive care measures that patients take to manage their health, including immunization rates, cancer screening rates, and percentage of the population that receives a yearly dental examination. The clinical care ranking is vital to understanding the ebb and flow of where clinical services are lacking in the state.¹¹





B) Behavioral Health

Substance Use Disorder

Falling under the umbrella of behavioral health, substance use and mental health impact the lives of families and individuals throughout the United States. The percentage of residents diagnosed with behavioral health problems has grown exponentially. Along with the growth, the need for mental health services and substance use programs has not diminished. Genetics and socioeconomic factors play vital roles in individuals diagnosed with a mental health problem, and frequently, societal factors increase the likelihood of one engaging in unhealthy life choices such as alcohol and drug use. According to the American Hospital Association, behavioral health disorders affect nearly one in five Americans and have community-wide impacts. Hospitals and health systems provide essential behavioral health care services to millions of Americans every day.¹²

Although progress has been made in lowering rates of substance use in the United States, the use of behavior-altering substances continues to take a major toll on the health of individuals, families, and communities nationwide.

- Allegheny County has the highest number of facilities that provide mental health services at 48 while Washington County has nine.
- The CDC in 2019 estimated 14.0% (34.1 million) of U.S. adults smoke cigarettes.
- The provider survey reported that behavioral health was the top persistent health problem in the community. The mentally ill were reported as being the most vulnerable population in the community.
- The survey found that 82.7% of respondents cited mental health and 60.2% identified suicide prevention as a 4/5 rating on a rating scale of 1-5, where 1 equals less of a concern and 5 equals more of a concern.
- The top responses from the provider survey showed that access to behavioral health services, mental health services, and substance use support would have the greatest impact on the quality of life for residents in the community.
- Community stakeholders cited drug/alcohol and behavioral/mental health as top health problems in their communities. They also reported substance use as being the top high-risk behavior and having access to behavioral health services as the top choice to improve the quality of life for residents.
- The community survey also found that drug/alcohol use (47.2%) was a top health problem in the community and that access to drug/alcohol and mental health services is needed to improve residents' quality of life and health.



C) Chronic Disease

Chronic diseases are a significant cause of disability and death in Pennsylvania and the United States. The seven leading causes of death are heart disease, cancer, stroke, chronic lower respiratory disease (CLRD), unintentional injury, Alzheimer's disease, and diabetes. According to the Pennsylvania Department of Health, chronic disease accounts for about 70.0% of all deaths annually in Pennsylvania. With Pennsylvania's aging population and the advances in health care enabling people to live longer, the cost associated with chronic disease will increase significantly if no changes are made. Clinical preventive services, such as routine disease screening and scheduled immunizations, are key to reducing the effects of chronic disease and reducing death. Preventive services both prevent and detect illnesses and diseases in their earlier, more treatable stages, significantly reducing the risk of illness, disability, early death, and medical care costs.

Diabetes

- The American Diabetes Association reported that approximately 1.4 million people in Pennsylvania have diabetes. An additional 325,000 are still undetected. Estimates show that one of every three children born in the United States will be directly affected by diabetes.
- According to the CDC, in 2017, 11.4% of Washington County residents reported that they have diabetes.
- Deaths per 100,000 population as a result of diabetes in 2015-2019, according to the Pennsylvania Department of Health, totaled 24.1 in Washington County and 20.7 in Pennsylvania.

Heart Disease

- Heart disease is the leading cause of death for men, women, and people of most racial and ethnic groups in the United States.¹³
- Deaths per 100,000 population from heart disease in 2015-2019, according to the Pennsylvania Department of Health, totaled 168.2 in Washington County and 175.3 in Pennsylvania.





D) Health Equity

Diversity, Equity, & Inclusion

In recent years, health systems, public and private agencies, and community-based organizations have increasingly focused on the concept of “health equity.” Health equity is described as “both the absence of systematic obstacles and the creation of opportunities for all to be healthy.” The American Medical Association ([AMA](#)) Center for Health Equity imagines health equity as “providing health care that values people equally and treats them equitably and a nation in which all people live in thriving communities where resources work well; systems are equitable and create no harm nor exacerbate existing harms; where everyone has the power, conditions, resources, and opportunities to achieve optimal health.”

Significant effort is required to provide equitable and culturally/linguistically appropriate care to a variety of racial and ethnic communities, each with its own cultural traits, health beliefs, and barriers to health care access. Improving health equity extends well beyond the walls of the hospital, reaches deep into the community sectors, and involves both local and state governments where health policies and protocols are developed.

Achieving health equity requires the health system to cast a broad lens across a plethora of health services, medical programs and topics, diverse and disenfranchised people and populations. It is further noted that health equity is impacted by a variety of factors that impact health called social determinants such as affordable, safe, and stable housing; safe places to live, work and play; physical activity and exercise; economic security and financial resources; ending discrimination based on race, gender, religion, or other factors; access to affordable and healthy food; livelihood security and employment opportunity; educational opportunities; English language proficiency; and access to safe and affordable transportation.

Health equity must be the focus, at all levels of the organization, and embedded into our practices, processes, actions, and outcomes. AHN Canonsburg places a strategic focus on health equity through understanding and addressing the social determinants of low-income, under/unemployed, minority, and vulnerable populations. Health systems can enhance the quality of care their organizations provide, improve operations and reduce health disparities among their patients by guiding efforts to improve health equity.

Therefore, interventions to improve health equity and reduce health disparities must be systematic as an organization gains greater understanding and appreciation for diverse cultures and enhances the organization’s ability to serve all patients effectively and efficiently. Health equity is realized when all people have the opportunity to be as healthy as possible and no one is limited in achieving good health because of their social and economic status.



Health equity objectives are designed to end past infrastructures and workplace cultures that treat people inequitably based on demographic factors such as gender, age, ethnicity, race, sexual orientation, and other factors. Health inequities are rooted in historical and current policies and systems that may favor one group over others. These historical and structural inequities take their toll on health and the quality of life through economic, cultural, political, social, and physical factors. Health is deeply connected and rooted to where people live, work, learn, and play.

Recognition is increasing across the health care environment. Improving health and achieving health equity demands a broad, multi-pronged approach and requires community engagement and addressing economic, social, and environmental factors that influence health. For example, prejudice and discrimination can lead to delays in medical diagnosis and treatment. The New England Journal of Medicine published a study reporting that women were seven times more likely than men to be misdiagnosed and discharged in the middle of having a heart attack due to the medical concepts of most diseases being based on understandings of male physiology and women having different heart attack symptoms than men.¹⁴

Health inequities unveil startling contrasts in health among different people. The Pennsylvania Department of Health reported vast disparities among its residents.

Publication data from 2018 reveal Black residents had significantly higher age-adjusted cancer incidence rates than whites in these areas:¹⁵

- Prostate
- Lung and bronchus
- Kidney and renal pelvis
- Pancreas
- Liver and intrahepatic bile duct
- Myeloma
- Stomach

Blacks: The age-adjusted incidence rate among Black Pennsylvania residents for liver/intrahepatic bile duct cancer (17.2 per 100,000 population) was more than two times that of white residents (7.8 per 100,000 population) in 2015. Myeloma also had an incidence rate of more than two times higher among Black residents (13.5 per 100,000 population) than white residents (6.3 per 100,000 population).

Asians and Pacific Islanders: In 2015, the age-adjusted incidence rate among Asians/Pacific Islanders for stomach cancer (9.7 per 100,000 population) and cancer of the liver/intrahepatic bile duct (13.9 per 100,000 population) was almost two times the rate among whites (5.7 and 7.8 per 100,000 population, respectively).

Hispanics: In 2015, Hispanics had a significantly higher age-adjusted incidence rate than whites for liver/intrahepatic bile duct cancer. Specifically, the Hispanic liver/intrahepatic bile duct cancer rate (13.9 per 100,000 population) was almost two times that of whites (7.8 per 100,000 population).



Publication data from 2018 reveal the following discharge rates were significantly higher among Black residents compared to whites:¹⁶

- Asthma (various age groups)
- Non-fatal spinal cord injuries
- Heart failure (ages 65-74)
- Heart failure (ages 75-84)

The following discharge rates were significantly higher among Hispanic residents compared to whites:¹⁷

- Asthma (various age groups)
- Heart failure (ages 65-74)
- Heart failure (ages 75-84)

Blacks: During 2014, hospital discharge rates per 10,000 for young childhood asthma (under 5) were several times higher among Black residents than white residents, 72.4 versus 13.8. In addition, hospital discharge rates for asthma among Black residents were at least two times higher than white residents in all other age groups. Another major disparity occurred for hospital discharge rates of heart failure among the ages 65-74. The rate was two times higher among Black residents (16.6) than white residents (7.4).

Hispanics: Like Black residents, in 2014, Hispanic residents had elevated hospital discharge rates for asthma compared to white residents. Specifically, the hospital discharge rate per 10,000 for asthma among Hispanic residents under five years of age (38.2) was about three times higher than white residents under 5 (13.8). The hospital discharge rate for asthma among Hispanic residents ages 5 to 64 was more than two times the rate for whites.

COVID-19-related reductions in life expectancy disproportionately affected people of color. People living in rural areas have a lower quality of health care and less access to services than people living in urban and suburban areas.

Improving health equity engages all community sectors and partners to promote health equity and sustainability through job creation and economic development, transportation access and mobility, access to foods and nutrition, physically active and safe neighborhoods, and improved educational status. Most importantly, to improve access to equitable health care, health equity must be the focus as an organization at all levels and embedded into our practices, processes, actions, and outcomes.

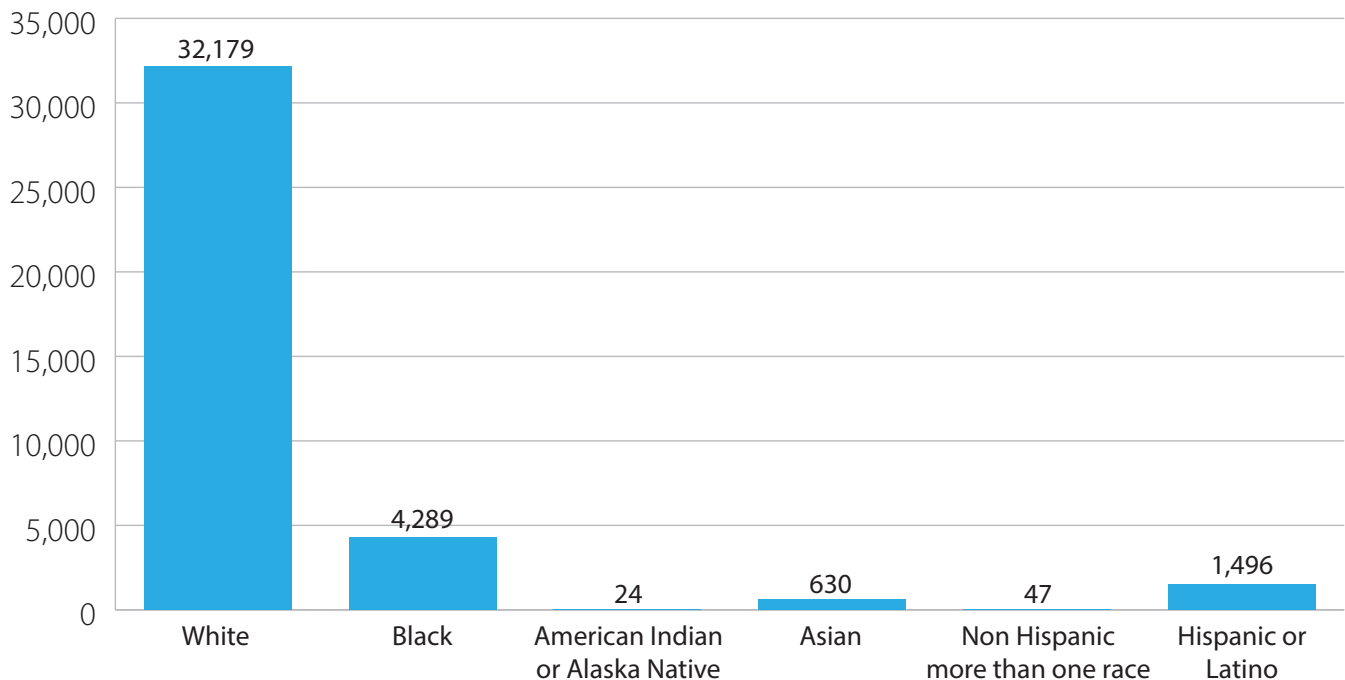


Impact of COVID-19 on Health Equity

The effects of COVID-19 have been far-reaching and long-lasting. [The Centers for Diseases Control and Prevention \(CDC\)](#) reported that essential employees (those in health care, food services, and transportation) — were much more likely to die than other workers. Hispanics were nearly two times as likely to contract the disease as Whites. Blacks were hospitalized at three times the rate of Whites and American Indian/Alaska Natives have lost loved ones at more than double the rate of Whites.

Figure 3 shows the distribution of COVID-19 deaths is disproportionately higher among Blacks when compared to American Indian/Alaska Native, Asian, Non-Hispanic more than one race, and Hispanic or Latino. The graph reports the number of COVID-19 deaths for each race and Hispanic group.

Figure 3: Pennsylvania COVID-19 Death by Race and Hispanic Origin in 2020-2022
(updated as of January 2022)



Source: [Centers for Diseases Control and Prevention 2020](#)

Race and ethnicity are also markers for other underlying conditions that affect health, including socioeconomic status, access to health care, and exposure to the virus related to occupation. Health and social inequities placed individuals from different racial and ethnic minority groups at increased risk of death from COVID-19 ([CDC](#)).

There are multiple factors that continue to contribute to poor health outcomes social and health inequalities in marginalized communities. Unfortunately, the COVID-19 pandemic has further exacerbated existing inequalities with many people suffering from chronic illnesses and other conditions that increase their risk of severe illness. Underserved communities continue to feel the brunt and the lack of investment in addressing barriers to health and productive lives in marginalized communities leads to many other health and social consequences.



It has been reported that independent drivers of disease inequalities and a multi-sectorial approach are needed to reduce the impact of COVID-19 and other health issues among marginalized, disenfranchised, vulnerable, and underserved communities.

Figure 4: COVID-19 is a Health Equity Issue: Key Drivers of Disease Inequities



DISCRIMINATORY POLICIES

Policies impacting healthcare, education, finance, criminal justice, and other formative systems which should serve to protect communities can lead to stress as well as act as barriers towards proper healthcare.



LIMITED ACCESS TO ESSENTIAL SERVICES AND RESOURCES

Barriers towards health insurance, childcare, sick leave, paid leave, or access to PPE, make some demographics more prone to COVID-19 inequities.



HISTORY OF RACISM & SOCIAL DISCRIMINATION

Systemic racism and other forms of social discrimination have contributed to discriminatory policies, limited investment in community well-being, lack of access to quality healthcare, and a poor sense of trust between communities and health and social systems.



POVERTY

Living in poverty, health is one of many priorities.



MISTRUST

Insufficient community engagement, combined with misinformation or a lack of consistent information as well as a history of discrimination, causes many marginalized communities to lack trust towards health and social services.



LOW HEALTH LITERACY & MISINFORMATION

People from ethnically and racially diverse communities didn't have the opportunity to develop skills to identify credible news sources, which has been shown to correlate with low health statuses.



CHRONIC STRESS

Stress can impact physical health, inducing conditions such as heart disease or high blood pressure, which could lead to COVID-19 complications.



OVERCROWDED LIVING CONDITIONS

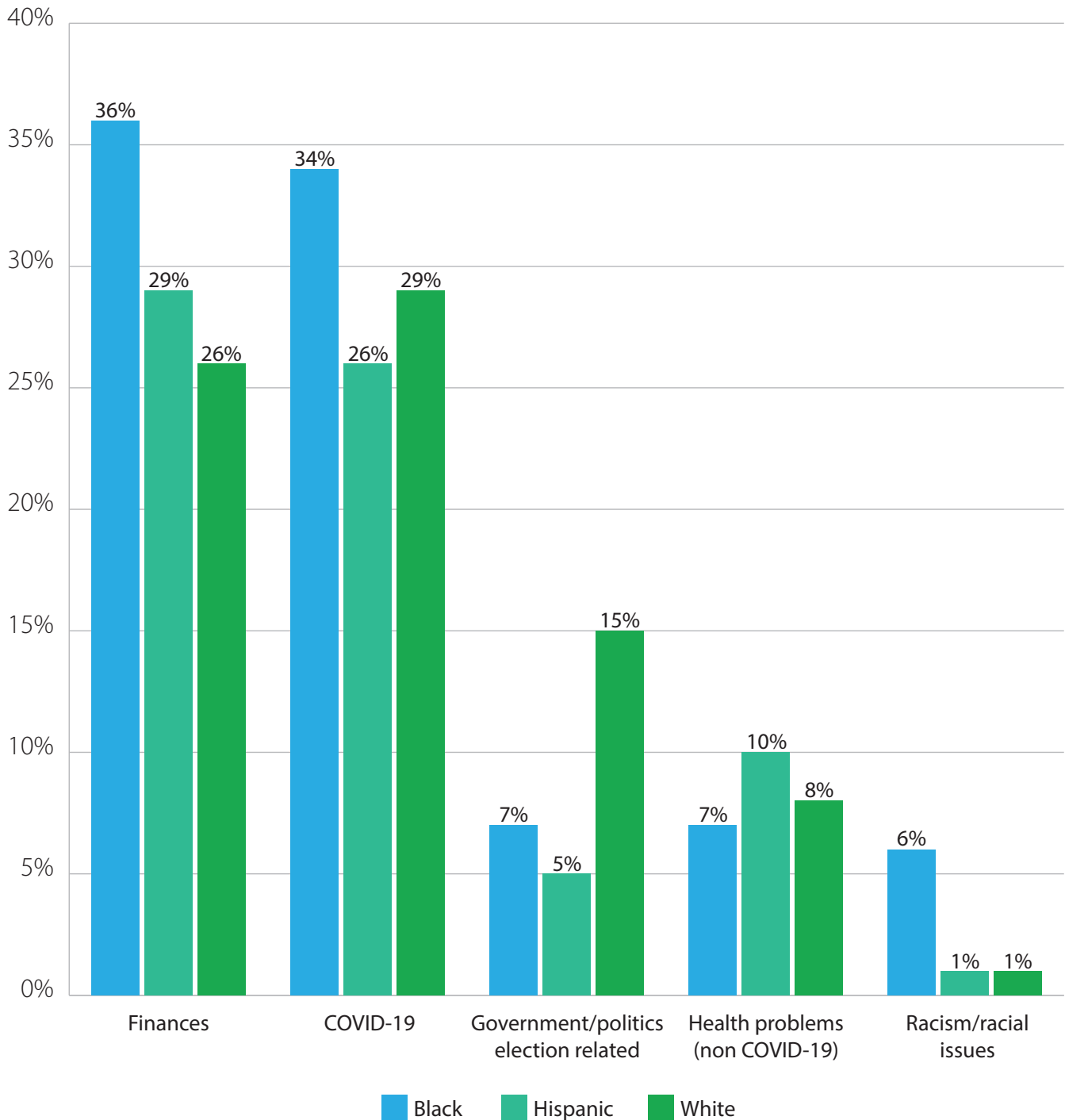
Many groups live in overcrowded conditions such as multi-generational homes or nursing homes, prisons, homeless shelters, or other kinds of group "homes." This can make it difficult to social distance and increase the risk for COVID-19. Factors such as unemployment can lead to homelessness, and therefore increased vulnerability to COVID-19.

Source: [The Health Equality Initiative 2020](#)



Figure 5 depicts the largest concerns families face broken down by race. More than one-third of Black adults cite financial issues and a similar share (34%) cite concerns related to the COVID-19 pandemic. These are also the top two concerns mentioned by White and Hispanic adults, though Black adults are 10 percentage points more likely than White adults to name financial challenges among their top concerns (36% vs. 26%). Notably, six percent of Black adults cite issues related to racism as being among their top concerns.

Figure 5: Biggest Concerns Facing Individuals & Families 2020
(Open Ended)



Source: [The Health Equality Initiative 2020](#)



Conclusion

AHN Canonsburg places a strong emphasis on providing exceptional care, ensuring access to equitable health care services, and programs for its surrounding communities. Its efforts to address challenges and complexities of care in serving vulnerable populations such as the homeless, elderly, unemployed/underemployed, ethnic, low-income and diverse populations are recognized at community, state, and national levels.

AHN Canonsburg aspires to improve health, well-being, and health equity for all and understands that “health is more than the absence of disease.” Health is based not only on geographic factors- where people were born, live, work and play- but also on economic, cultural, educational, and social factors. By addressing barriers and identifying social and economic factors called social determinants of health that hinder access to equitable health care, AHN Canonsburg aims to heighten overall community health status and to improve quality of life for the diverse communities they serve. The health system may provide a plethora of recognized physicians, best practice services, noteworthy programs and services but if residents lack transportation and insurance, access to care can be difficult. There is a direct correlation between the ease of accessing health care and the overall health of a community.

As this next CHNA cycle evolves, AHN Canonsburg will engage and collaborate with community partners on the development of the 2022-2025 CHNA Implementation Strategy Plan (ISP). The implementation strategy planning process will align with both the strategic direction of the hospital and the AHN system level. Delineated implementation plan strategies will build on past goals and accomplishments, continue efforts to improve access to equitable health care, and measure the progress and the impact of services provided to targeted and vulnerable populations. AHN Canonsburg’s implementation strategies will advance the following priority areas:

- Social Determinants of Health
- Behavioral Health
- Chronic Disease
- Health Equity

AHN Canonsburg has addressed many obstacles and accomplished a measurable impact on the community, however, there are still many community health issues that need to be addressed to achieve health equity and anticipated health outcomes. With a focus on the top priorities mentioned above, major and meaningful health concerns for the AHN Canonsburg communities will be resolved.



Defined Community

A community is defined as the geographic area from where a significant number of the patients utilizing hospital services reside. While the CHNA considers other types of health care providers, the hospital is the single largest provider of acute-care services. For this reason, the utilization of hospital services provides the most precise definition of the community.

The defined community (or primary service area or PSA) of AHN Canonsburg encompasses 10 ZIP codes located in Washington County. Map 1 shows AHN Canonsburg's defined community.

Map 1: 2021 CHNA Study Area/Counties



Table 2: Primary Service Area ZIP Codes

ZIPS	Town	County
15019	Bulger	Washington
15317	Canonsburg	Washington
15342	Houston	Washington
15057	McDonald	Washington
15330	Eighty-Four	Washington
15367	Venetia	Washington
15055	Lawrence	Washington
15363	Strabane	Washington
15321	Cecil	Washington
15060	Midway	Washington

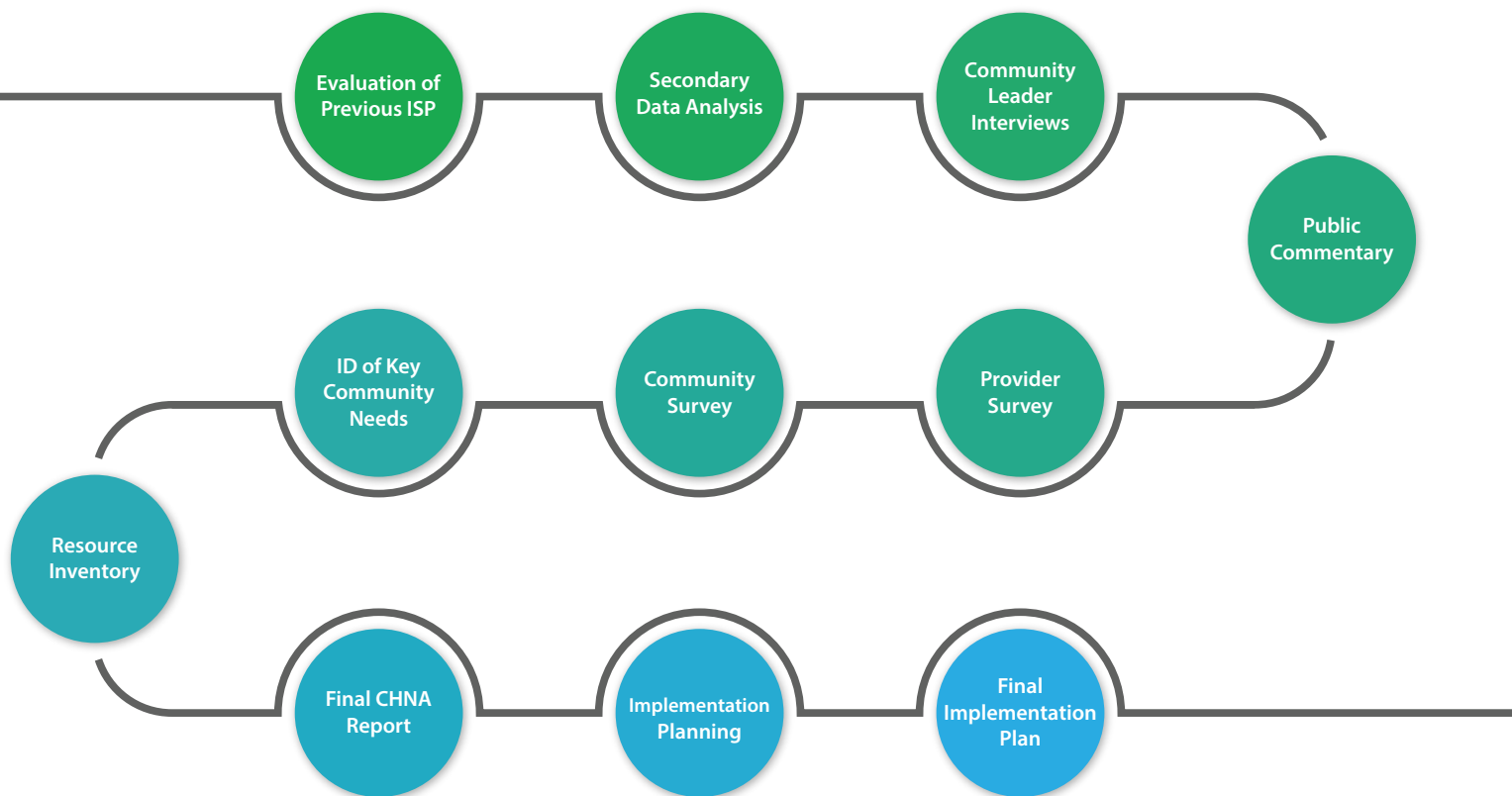


Methodology

Tripp Umbach, a planning and research firm specializing in health care, education, government, and corporate clients to improve communities' economic, social, and physical wellbeing, was contracted by Allegheny Health Network to conduct the system's 2021 CHNA. The CHNA report complies with the Internal Revenue Service's guidelines for charitable 501(c)(3) tax-exempt hospitals and includes input from individuals representing the broad interests of the communities served by Allegheny Health Network, including those with direct knowledge of the needs of the medically underserved, disenfranchised populations, and populations suffering from chronic diseases.

The CHNA process began in late June 2021 and is positioned to conclude in the early spring of 2022 with a final implementation strategy planning report. While multiple steps make up the overall CHNA process, Tripp Umbach will continue to work closely with the CHNA working group members to collect, analyze, and identify the results to complete AHN Canonsburg's assessment. The data collected and the information being composed will allow further group engagement of internal and external stakeholders to inform the CHNA needs and deliverables.

Figure 6: Data Collection Roadmap



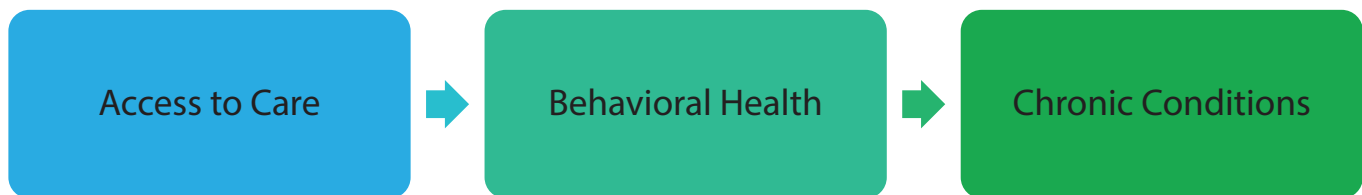


Community Health Needs Assessment Data Collection

AHN Canonsburg, along with Tripp Umbach, participated in a 39-person steering group consisting of system-level leadership and hospital personnel who have direct patient care/contact and are instrumental in their community. The steering group members have a vast knowledge of the needs of underserved and disenfranchised populations, specifically those with chronic diseases, behavioral health issues, and socioeconomic challenges. To fulfill IRS requirements related to the Affordable Care Act (ACA), AHN Canonsburg's methodology employed both qualitative and quantitative data.

Evaluation of 2018 Implementation Strategy Plan

The flow chart identified the health needs of AHN Canonsburg in 2018. AHN Canonsburg concentrated efforts and plans to address the health needs identified in the previous assessment.



AHN Canonsburg worked over the last three years to address, develop, and implement strategies to tackle the CHNA issues and evaluate the effectiveness of the strategies in meeting goals and providing strategies to improve the health in the community.

AHN Canonsburg confronted problem statements and strategies and developed ways to address its success. AHN Canonsburg modified some of its goals to better achieve the identified needs from the 2018 CHNA. The self-assessment has indicators to denote improving and tracking each goal and strategy within the three years and beyond. Specific metric information/measurable indicators can be obtained from AHN Community Affairs.

It is important to note, due to the impact of COVID-19 and staffing changes, several programs, initiatives, and strategies were not pursued as priorities shifted from the 2019 implementation cycle. The implementation planning phase in 2022 will continue to identify and complete plans to address the needs of the community that were identified in the 2021 CHNA.



Health Priority: Access to Care

Goal 1: To increase PCP availability to patients.

Impact: Increased access to PCP and increased number of PCP office visits.

Strategies	Action Steps	2019	2020	2021	Metrics per year
Enhance PCP availability.	Expand PCP office hours to include weekends.				Number of office visits with PCP. *Unable to achieve due to difficulty finding part-time support staff who would work only on weekends
	Move hospital-based PCPs back to office base only.	X	X	X	As of January 2019, increased office availability and visits.
	Utilize CRNPs to extend office hours.	X	X	X	
Convert current hospitalists back to the PCP office setting.	Hire additional pure hospitalists to backfill open positions at the hospital.	X	X	X	Number of office visits with PCP.
	Utilize CRNPs to extend office hours.	X	X	X	Three office CRNPs working 12-hour days, five days per week.

Health Priority: Behavioral Health

Goal 1: Strengthen ED patient access to a drug and alcohol specialist.

Impact: Increased access to drug and alcohol specialist in the ED and increased number of patients referred to treatment.

Strategies	Action Steps	2019	2020	2021	Metrics per year
Strengthen ED patient access to drug and alcohol specialists.	Provide access from ED to appropriate inpatient or outpatient treatment programs.	X	X	X	Number of patients seen on site. Number of patients referred off site.
	Collaborate with Washington Drug & Alcohol Center (WDAC) to have drug and alcohol counselor available to the ED or offsite.	X	X	X	



Goal 2: Reduce unintentional deaths due to overdose.

Impact: Decrease number of overdose deaths and decrease number of patients with multiple overdose encounters.

Strategies	Action Steps	2019	2020	2021	Metrics per year
Provide medication to overdose patients in the ED.	Identify patients with overdose or symptoms of drug use.	X	X	X	Number of Narcan kits issued. Number of return overdose patients in the ED. Number of return patients showing symptoms of drug use in the ED.
	Provide Narcan and education to those patients with overdose or symptoms of drug use.	X	X	X	Number of education classes presented to patients.

Health Priority: Chronic Conditions

Goal 1: To expand community-based education and awareness on the health risks associated with diabetes.

Impact: Increased education and awareness of diabetes health risks.

Strategies	Action Steps	2019	2020	2021	Metrics per year
Provide education on site and in the community on the health risks of diabetes.	Partner with the community to provide diabetes education classes.	X	X	X	Number of education classes provided. *Continued to see regular outpatients and cardio/ pulmonary patients with diabetes for diabetes consults Number of health fairs. *2020-2021 unable to conduct health fairs due to COVID-19.
	Conduct health fairs.	X			



Goal 2: To reduce the number of hypoglycemic episodes due the use of older diabetes medications.

Impact: Decrease in the use of older diabetes medications; decrease in hypoglycemic episodes caused by older diabetes medications; increased number of RN navigators; and decreased A1C levels.

Strategies	Action Steps	2019	2020	2021	Metrics per year
Reduce the number of hypoglycemic episodes due to the use of older diabetes medications.	Screen home medications list to identify patients for use of first-generation (older) anti-diabetic medications.		X	X	Number of patients identified as using older medications. Number of patients converted to new medications.
	Conduct interview with eligible patients regarding hypoglycemic episodes.		X	X	Number of education classes presented to patients.
	When appropriate, convert diabetic patients to newer diabetic medications that have lower potential for hypoglycemia.		X	X	

Goal 3: To expand community-based education and awareness on the health risks associated with heart disease.

Impact: Increased number of cancer screenings; increased number of early cancer diagnoses; increased PCP education; increased number of community education events; and increased use of home cancer screening kits.

Strategies	Action Steps	2019	2020	2021	Metrics per year
Provide education on site and in the community on the health risks of heart disease.	Partner with the community to provide heart disease education classes.	X	X	X	Number of education classes provided. *Risk factor modification education completed as outpatient or by phone. Number of health fairs. *2020-2021 unable to complete due to COVID-19.
	Conduct health fairs.	X			



Secondary Data Analysis

Secondary data sources at the local, state, and national levels included disparity data, public health priorities related to disease prevalence, socioeconomic factors, health outcomes, and health determinants to create a regional community health data profile based on the location and service areas of Allegheny Health Network. Secondary data was gathered primarily through Community Commons, a publicly available dashboard of multiple health indicators drawn from several national data sources that allowed for the review of past developments and changes related to demographics, health, social, and economic factors. Additional data sources include County Health Rankings, Community Needs Index, and U.S. Census Bureau. The data is also peer-reviewed and substantiated, providing a deep level of validity as a source.

The robust community profile generated a greater understanding of regional issues, mainly identifying regional and local health and socioeconomic issues.

The secondary quantitative data collection process included:

- American Community Survey
- Centers for Disease Control and Prevention
- Centers for Medicare and Medicaid Services
- County Health Rankings and Roadmaps
- Dartmouth College Institute for Health Policy and Clinical Practice
- FBI – Uniform Crime Reports
- Health Resources and Services Administration (HRSA)
- Kaiser Family Foundation (KFF)
- Pennsylvania Department of Health – State Cancer Profiles
- Pennsylvania Department of Health and Vital Statistics
- The Agency for Healthcare Research and Quality (AHRQ)
- U.S. Census Bureau
- U.S. Department of Education National Center for Education Statistics
- U.S. Department of Health and Human Services
- U.S. Department of Labor




Community Stakeholder Interviews

As part of the CHNA phase, telephone interviews were completed with community stakeholders to understand the changing environment. The interviews offered stakeholders an opportunity to provide feedback on the needs of the region they serve and other information relevant to the study. Overall, 59 community stakeholder interviews were conducted for AHN in July-October 2021. Community stakeholders targeted for interviews encompassed a wide variety of professional backgrounds, including:

1. Businesses
2. County and state government representatives
3. Economic development
4. Education
5. Faith-based communities
6. Foundations/philanthropic
7. Health care representatives
8. Law enforcement
9. Non-profits
10. Representatives of underserved populations
11. Social service representatives

Within the interview and discussion process, overall health needs, themes, and concerns were presented. Within each of the overarching themes, additional topics fell under each category. Below are the overall key findings from the interviews.

Community Stakeholder Interviews Common Themes



Community Problems

Top 3 Persistent Health Problems:

1. Behavioral health (65.1%)
2. Access to foods (39.7%)
3. Un/Underemployment (39.7%)

Offer Community to Address Persistent Chronic Diseases

1. Community Health Workers (46.0%)
2. Population Specific Interventions (15.9%)

Top 3 High Risk Behaviors

1. Substance abuse (81.0%)
2. Poor eating/unhealthy eating habits (61.9%)
3. Lack of exercise/inadequate physical activity (49.2%)



Community

Top 3 Barriers to Improving health/quality of life


1. Economic disparities/poverty (58.7%)
2. Difficulties navigating health care system (55.6%)
3. High cost of health care/medications (54.0%)

Top 3 Would Improve Quality of Life

1. Access to health foods (57.1%)
2. Mental health services (appointments, bilingual providers) (57.1%)
3. Access to behavioral health services (52.4%)

Transportation Issues

1. Limited available transportation services (80.7%)
2. Location of bus stops is inconvenient (51.6%)
3. Lack of education around available resources (40.3%)



Information

Top 3 Vulnerable Populations

1. Children/youth (66.1%)
2. Older adults (66.1%)
3. Low-income (58.1%)

Solutions to Help Vulnerable Populations

1. Care coordinators (79.4%)
2. Flexible medical appts. (63.5%)
3. Addressing SDOH (57.1%)



Ten interviews were conducted with community stakeholders who represented AHN Canonsburg's community. The qualitative data collected are the perceptions and opinions from community stakeholders as part of the CHNA process. The information provides insight and adds great depth to the qualitative data. Community stakeholders interviewed represented the following organizations:

1. AHN Center for Inclusion Health
2. AHN Jefferson Front Door Initiative
3. Allegheny County Health Department (two community stakeholders interviewed)
4. Bhutanese Community Association of Pittsburgh (BCAP)
5. Jefferson Regional Foundation
6. Mon Valley Initiative
7. Mount Olive Baptist Church
8. Salvation Army
9. South Hills Interfaith Movement (SHIM)

Public Commentary

Tripp Umbach solicited comments related to the 2018 CHNA and Implementation Strategy Plan (ISP) as part of the assessment. Feedback was obtained from community stakeholders identified by the working group. Observations allowed community representatives to react to the methods, findings, and subsequent actions taken due to the 2018 CHNA and implementation planning process. Stakeholders were posed questions developed by Tripp Umbach. Collectively, feedback was gathered from 59 community stakeholders from July to October 2021. The public comments below are a summary of stakeholders' input regarding the former documents.

- When asked whether the assessment "included input from community members or organizations," 54.9% reported that it did.
- In the survey reviewed, 41.2% reported that the report did not exclude community members or organizations that should have been involved.
- In response to the question, 43.1% of respondents agreed when asked, "Were the implementation strategies directly related to the need identified in the CHNA?"



According to community stakeholders, the CHNA and the ISP benefited them and their community in the following manner (in no specific order):

- Created greater community awareness and greater relationship building and highlighted partnerships.
- Addressed concerns and ways to improve concerns.
- We use part of the report to develop programs and use it for funding. The report shows what is going on in our community and tracks the progress of our county and its residents.
- CHNAs provoke one to think about the many never-ending needs of the community. We must become more innovative for the community's future. Example: Multi-Cultural Male Mentoring Programs will be an ongoing need that will ultimately lessen gangs, gun violence, and substance use/suicide/homicide statistics.
- The presence of AHN has increased significantly. Took the findings into practice and increased/enhanced status in communities.
- It resulted in better services and providers.
- Implementation was around community wellbeing, and health systems participated financially to bring blue zones project – good effort.
- Hospitals are implementing parts of the plan, and we can see results as there are good motives and intentions.
- Not sure how to evaluate program effectiveness due to COVID-19.
- Knowing that the feedback that we provided solidifies some of these choices to prioritize. Making ways to solve serious issues.
- I would like the opportunity for follow-up/further involvement in the process.
- Better understanding allows for the development of extended partnerships/relationships in the impact areas.
- You are allowing the community to listen to concerns. The effort to improve the life of residents and let them know we care.
- Increased awareness of social determinants of health (SDOH) and broader attention to behavioral health.
- Responses from community members gave specific issues. The implementing agency had some space to plan programs to meet particular needs.
- We need more focus on SDOH.
- I would ideally like to have more community engagement in the process.
- It was understood that there are many challenges and being proactive leads to greater quality of life and overall health.
- Recognized actual issues and focus on SDOH and not just relaying it to insurance coverage.
- Improved the health care services that were allocated to the residents.
- We saw the outcome of the work produced as well as the opportunity to educate people. Saw continued support for food accessibility in the community.



Additional feedback community stakeholders believed was not covered (in no particular order):

- Once CHNA/implementation plans are completed, bring back interviewees to review/discuss results.
- Allowing agencies like this to think outside the box and think like a client.
- Helping communities understand what it means and the overall impact.
- Focus on changing regional demographics. There is a growing Asian population along with residents moving out of the city. There are also challenges regarding services to transportation.
- Outreach to as many community organizations as possible to provide additional input.

Provider Survey

A provider survey was implemented to collect data from providers from the hospital's service areas and region to identify the community's needs and vulnerable populations and those partners/organizations that will be instrumental in addressing prioritized needs. Providers internal and external to Allegheny Health Network received a survey link. In total, 26,616 providers received a survey link; 2,201 surveys were returned/submitted.

A survey instrument was developed and used to obtain vital information through the lens of local providers. Collecting data through the provider survey will allow more appropriate care to populations most in need. The provider audience is also essential to gauge how patients and residents have adjusted their health needs during the pandemic and how providers assisted them.

The provider survey was active in July-August 2021. Below are common themes providers reported in their community.

Provider Survey Common Themes

 Community	 Economics	 Health	 Populations
<p><u>Best Things</u></p> <ul style="list-style-type: none"> • Health care • Restaurants/food • Shopping <p><u>Quality of Life</u></p> <ul style="list-style-type: none"> • Family-friendly environment • Affordable living • Safe Place to live <p><u>Activities</u></p> <ul style="list-style-type: none"> • Recreational/sports • Events & festivals • Activities family/youth <p><u>Hospital</u></p> <ul style="list-style-type: none"> • Do address needs diverse/at-risk populations • Provide access to everyone 	<p><u>Barriers to Care</u></p> <ul style="list-style-type: none"> • Affordability • No insurance • Lack of health care <p><u>Contributors to Transportation</u></p> <ul style="list-style-type: none"> • Limited services • Cost • Community education around resources 	<p><u>Persistent Health Problems</u></p> <ul style="list-style-type: none"> • Behavioral health • Lack of exercise • Aging problems <p><u>Overall Health Concerns</u></p> <ul style="list-style-type: none"> • Behavioral health • Diabetes • High-health care costs • Obesity <p><u>Impact on Quality of Life</u></p> <ul style="list-style-type: none"> • Access to behavioral health • Mental health services • Health care access 	<p><u>Offer to Maintain Health</u></p> <ul style="list-style-type: none"> • Prevention and education • Population specific interventions <p><u>Vulnerable Populations</u></p> <ul style="list-style-type: none"> • Mentally ill • Low-income • Uninsured/underinsured <p><u>Solutions to Help Vulnerable</u></p> <ul style="list-style-type: none"> • Care coordination • Flexible medical appointments • Provide transportation <p><u>Barriers Preventing Health Care</u></p> <ul style="list-style-type: none"> • Lack evening/weekend hours • Affordability • Inability to get appointments






Community Survey

A community survey was employed to collect input from populations within Allegheny Health Network’s service area to identify health risk factors and health needs in the community. Working with leadership from Community Affairs, the community survey was promoted on social media platforms, hospital websites, relationships with community-based organizations, and clinics. An email was sent from Tripp Umbach to community residents requesting survey participation. A \$250 gift card was provided as an incentive for community residents to encourage participation.

Collecting surveys from community residents whose primary language was not English was an essential driver of the initiative. The community survey was available in English, Spanish, Nepalese, Chinese, and Arabic. An email was sent to more than 43,000 residents in the AHN service area for engagement. A total of 857 English surveys and nine non-English surveys were collected for analysis.

Survey data was collected from Survey Monkey from mid-August 2021 to early October 2021. In total, 866 surveys were used to assure statistical accuracy. A response rate of 1.98% was achieved. Below are common themes from community residents.

Community Survey Common Themes

 Community <hr/> <p><u>Top 3 Health Problems in Community English Speakers</u></p> <ol style="list-style-type: none"> 1. Aging problems 2. Drug/alcohol 3. Behavioral/mental health <p><u>Non-English Speakers</u></p> <ol style="list-style-type: none"> 1. Access to healthy foods 2. Dental health 3. Lack of exercise <p><u>Top 3 Factors that Contribute to Healthy Community (English & Non-English Speakers)</u></p> <ol style="list-style-type: none"> 1. Low crime/safe neighborhoods 2. Easy access to health care 3. Good schools 	 Community <hr/> <p><u>Needed to Improve Quality of Life and Health English Speakers</u></p> <ol style="list-style-type: none"> 1. Affordable health care services 2. Access to drug/alcohol and mental health services 3. Elder care <p><u>Non-English Speakers</u></p> <ol style="list-style-type: none"> 1. Access to drug/alcohol and mental health services 2. Better/more recreational facilities 3. Dental care access 	 Information <hr/> <p><u>Top Place Go for Health Care (English & Non-English Speakers)</u></p> <ol style="list-style-type: none"> 1. Physician offices <p><u>Health Screenings Needed to Stay Healthy English Speakers</u></p> <ol style="list-style-type: none"> 1. Blood pressure 2. Cholesterol 3. Well check-ups <p><u>Non-English Speakers</u></p> <ol style="list-style-type: none"> 1. Dental screenings 2. Well check-ups 3. Cholesterol
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Community Survey Common Themes



Information

Top 3 Behaviors People Need more Information About:

English Speakers

1. Chronic disease prevention/mgmt.
2. Substance abuse prevention
3. Care for family members w/special needs/disabilities

Non-English Speakers

1. Chronic disease prevention/management
2. Eating well/nutrition
3. Exercising/fitness



Personal Health

Describe One's Overall Health

English Speakers

1. Excellent/very good – 35.2%

Non-English Speakers

1. Excellent/very good – 66.7%

Top 3 Health Personal Challenges

English Speakers

1. Joint, muscle, and back pain
2. Overweight/obesity
3. High blood pressure

Non-English Speakers

1. Arthritis
2. Joint, muscle, and back pain
3. High blood pressure



Personal Health

Preventative Procedure in past 12 months:

English Speakers

1. Blood pressure
2. Physical exam
3. Flu shot

Non-English Speakers

1. Blood pressure
2. Flu shot
3. Cholesterol screenings



COVID-19

Received COVID-19 Vaccination

English Speakers

- Yes- 84.9%

Non-English Speakers

- Yes - 100.0%

Top 3 Areas Impacted by COVID-19

English Speakers

1. Social
2. Emotional
3. Quality of life

Non-English Speakers

1. Emotional
2. Fear of sickness
3. Social



Identification of Key Community Needs

The AHN CHNA Steering Committee, composed of interdisciplinary representatives from each of the hospitals as well as service leaders, reviewed primary data and secondary data sources to identify community needs and trends. Building on the needs identified in the previous cycle and the accomplishments of the previous implementation strategies, the community needs were assessed to identify continued gaps in services, changes in population health status, and areas in need of further effort and support. Those discussions served as a basis for prioritizing the 2021 community needs and the deployment of resources and community assets to meet those needs.

Resource Inventory

An inventory of programs and services available in the region was developed by Tripp Umbach. This inventory highlights available programs and services within the service area of AHN that fall under each of the priority need areas.

The inventory identifies the range of organizations and agencies in the community that serve the various target populations within each of the priority needs. It provides program descriptions and collects information about the potential for coordinating community activities and creating linkages among agencies.

Data Limitations

Data collected for the 2021 CHNA has limitations in information. Primary data obtained through interviews and surveys are also limited in representing the hospital's service area as information was collected through convenience sampling. Secondary data is not specific to the hospital's primary service area. However, the report provides an opportunity to gauge and envision issues within a large geographic region.





Steering Committee Members

AHN Steering Committee	
AHN Allegheny General	Alex Matthews
AHN Allegheny Valley	Kimberly Giovanelli
AHN Canonsburg	Keith Zimmer
AHN Forbes	Krista Bragg
AHN Forbes	Kelly Wooddell
AHN Grove City	Dr. David Tupponce
AHN Jefferson	Erin Joyce
AHN Saint Vincent	Henry Ward
AHN West Penn	Robin Nitkulinec
AHN Westfield	Karen Surkala
AHN Westfield	Rodney Buchanan
AHN Wexford	Laurin Scanlon
AHN Neighborhood Hospitals	Julie FERENCE
AHN Allegheny Clinic	Margaret Palumbo
AHN Cardiovascular Institute	Peggy McGowan
AHN Center for Inclusion Health	Kristin Lazzara
AHN Community Affairs	Nina Ferraro
AHN Community Affairs	Kannu Sahni
AHN Community Affairs	Amie Signorella
AHN Community Affairs	Nina Sexton
AHN Corporate Communications	Julie Emanuel
AHN Corporate Taxes	Jeff Manners
AHN Corporate Taxes	Bernard Azinon
AHN Development	Allie Quick
AHN Diversity, Equity & Inclusion (DEI)	Dr. Margaret Larkins-Pettigrew
AHN Diversity, Equity & Inclusion (DEI)	Veronica Villalobos
AHN Diversity, Equity & Inclusion (DEI)	Mark Jones
AHN Institute Planning	Michele Steigerwald
AHN Marketing	Manfred Woodall
AHN Marketing	Kelly Dennin
AHN Marketing	Jesse Miller
AHN Medicine Institute	Dr. Paul Lebovitz
AHN Nursing	Claire Zangerle
AHN Oncology	Crystal Ross
AHN Prehospital Services	Jonah Thompson
AHN Prehospital Services	Robert Twaddle
AHN Social Determinants of Health (SDOH)	Amanda Mihalko
AHN Social Determinants of Health (SDOH)	Mary Ann Matreselva
AHN Women & Children's Institute	Joan Washburn



Additional Information

With the conclusion of the CHNA, AHN and AHN Canonsburg will begin the implementation planning phase to identify and leverage AHN's collective strengths and resources to best address the communities' health needs.

For additional information about the CHNA and its specific findings, please contact Community Affairs at Highmark Health and Allegheny Health Network at communityaffairs@ahn.org.





Endnotes

¹ Allegheny Health Network contracted with Tripp Umbach, a private health care consulting firm, to complete a community health needs assessment. Tripp Umbach has worked with more than 400 communities in all 50 states. In fact, more than one in five Americans lives in a community where Tripp Umbach has worked.

² For additional information on the primary and secondary data collected as part of the CHNA, please refer to the methodology section of the report.

³ In 2018, access to care was the overarching community need. In 2021, after internal review and discussions, SDOH replaced access to care as the focus. Understanding SDOH helps identify the many underlying factors and issues that serve as barriers to accessing care. Addressing the conditions of one's environment, such as where people work, play, and live, can dramatically affect the quality of life for many residents.

⁴ AHN Canonsburg's primary service area encompasses Washington County. Secondary data was supplied related to the identified region.

⁵ American Hospital Association: www.aha.org/aharet-guides/2017-11-15-social-determinants-health-series-transportation-and-role-hospitals

⁶ Journal of Family Medicine and Disease Prevention: <https://clinmedjournals.org/articles/jfmdp/journal-of-family-medicine-and-disease-prevention-jfmdp-4-090.pdf>

⁷ Healthy People: www.healthypeople.gov/2020/leading-health-indicators/2020-lhi-topics/Access-to-Health-Services

⁸ Association of American Medical Colleges: www.aamc.org/news-insights/press-releases/new-findings-confirm-predictions-physician-shortage

⁹ Robert Graham Center: www.graham-center.org/content/dam/rgc/documents/maps-data-tools/state-collections/workforce-projections/Pennsylvania.pdf

¹⁰ County Health Rankings & Roadmaps: www.countyhealthrankings.org/app/pennsylvania/2021/rankings/factors/2

¹¹ County Health Rankings: www.countyhealthrankings.org

¹² American Hospital Association: www.aha.org/advocacy/access-and-health-coverage/access-behavioral-health

¹³ Centers for Disease Control and Prevention. www.cdc.gov/heartdisease/facts.htm

¹⁴ The New England Journal of Medicine: www.nejm.org/doi/full/10.1056/NEJM200008243430809

¹⁵ The Pennsylvania Department of Health: www.health.pa.gov/topics/HealthStatistics/MinorityHealthStatistics/Documents/Minority_Cancer_Incidence_2015.pdf

¹⁶ The Pennsylvania Department of Health: www.health.pa.gov/topics/HealthStatistics/MinorityHealthStatistics/Documents/Minority_Hosp_for_Select_Conditions_2014.pdf

¹⁷ Ibid.



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